



PAINLESS PEOPLE
MANAGEMENT

PROGRAMME



ONLINE**LIVE**

WHAT WE DO IN TRAINING
ROOMS. VIRTUALLY.

THE PAINLESS PEOPLE MANAGEMENT PROGRAMME. ONLINE LIVE.

96% of those surveyed post-programme said they would 'definitely use' the tools and techniques and 'would recommend' the training to other managers!



PRACTICAL & PUNCHY WORKSHOPS

Online Live, Interactive Workshops: Our Different Approach:

- **Because no-one ever said “I wish that training had lasted much longer, had loads more business models, buzzwords and clichés in it and had just used stuff I could have found online!”**
- Our online live, interactive workshops combine the style of a 'TED talk' with step-by-step techniques and tools: short bursts of learning in two hours or less
- No role-plays or gimmicky ice-breakers. People generally hate them!
- We don't fill time with academic, unusable business models
- We give you practical stuff rather than generic pieces of 'advice' or cliché one-liners!
– telling you to 'empower' people isn't really that helpful!
- We don't use the bog-standard agendas you may find elsewhere! Our techniques are often not found in textbooks (where competitors often copy theirs from) and are focused on what actually works at work
- Energetic and inspiring sessions that won't distract you to your phone!
- We train what we know works and what we and others have successfully used
- All in plain-English: we work hard to minimise buzzwords and corporate-speak
- FREE '**Total Recall**' **handout and access to online summaries** with key techniques/tips to help reinforce learning plus '**one week later**' **memory-joggers**.



LIGHTBULB MOMENTS

The Painless People Management Programme: An Essential Toolbox for New Managers

Module One

Managing Remote/ Home Working for Overnight Results

- A five-point plan to make it work:
 - Identifying/tracking *visible* results
 - Using the 'spare capacity?' formula to manage work volumes
 - The 'early warning indicators': Is stuff getting done?
 - Eight punchy meeting rules to keep us on the same page
 - At work but at home: maintaining the social/team spirit thing
- **Two hours**

Module Two

The 'Chameleon Manager' At Work

- Managing people in a tailored way based on *how they tick!*
- Includes a psychometric mechanism to better understand what motivates you and others for great working relationships
- How to get on with and influence people who are different to you
- **90 mins plus pre-workshop activity**

Module Three

Difficult Conversations Made Simple

- How to prepare for challenging conversations in a unique way
- Beginning the conversation with a new approach to reduce nerves
- A structure to follow for the conversation that flips how you currently approach it!
- Dealing with the five types of difficult people
- **Two hours**

SIX MODULES DELIVERED 'ONLINE LIVE' FOR MAXIMUM IMPACT

LIGHTBULB MOMENTS

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Module Four

Amazing 121s & Objective-Setting To Boost Performance

- An all-year-round 121 structure
- Identify and measure results for ANY role
- Using 'the one magic ingredient, three triggers, five new steps' formula for objective-setting that achieves overnight results
- The 'non-buzzword' way to improve concerning behaviour/habits!
- **Two hours**

Module Five

Powerful Time Management

- Balancing people management with the 'day job'
- A unique time management system for the rest of your life
- Reduce 'time-stealing' and distractions from others
- 'To-Do' lists and 'stress-free' email – A better way!
- **Two hours**

Module Six

Pick One Of Three Options

- Killer Presentations/ Public Speaking
- Recruitment Interviewing '3.0' for the Best People!
- People Management and Employment Law: "What do I do if...?"
- **Each of the above is two hours in length**
- **'Open' programme: participants vote for their preference**

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LIGHTBULB MOMENTS

The Painless People Management Programme: An Essential Toolbox for Managers

Online live workshops:
£599 plus VAT each module
- delivered only to your group
of 8-10 people

Each module delivered
fortnightly or monthly

Optional
email/phone weekly
support between sessions
for managers

£99 per team per module

Only one or two people
need training?

Our **open programme** is
£995 per person for all
six modules

Contact us for dates

FREE **'Total Recall'** handout and access to online summaries
with key techniques/tips



"Turned everything I thought I knew on its head! Most useful management training I've had"



"Best thing I have been to in ages - real food for thought"

PRIMARK

"Techniques and ideas I can actually use rather than jargon and theory"



"A really different but fantastic way to approach 121s and moving away from appraisals"



"The best guidance I have ever had when it comes to this subject. Thank you!"

RAYMOND JAMES®
INVESTMENT SERVICES

"A most interesting morning and I can honestly say that I will be applying many of the tools"

ual: university of the arts london

"It was very refreshing to come to such a lively, inspiring and informative workshop"



"Many thanks - it was an amazing workshop - used a lot of it already!"

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